

Underground Recovery, C, RF 845-1000 PM
 Central Christian Church
 (Downstairs in basement)
 404 E. Main St.
 Murfreesboro, TN 37130
Keep It Real, C, HC, LS 200-300 PM
 Fairlane Church Of Christ
 101 Dow St.
Night Owls, C, HC, OD 700-830 PM
 First United Melodist Church (2nd Floor)
 265 W. Thompson Ln.
 Murfreesboro, TN 37129
Saturday
Never Alone, C, OD 900-1000 AM
 Central Christian Church
 (Downstairs in basement)
 404 E. Main St
 Murfreesboro, TN 37130
Spiritual Solutions, C, HC, SP 600-700 PM
 Cumberland Heights IOP Facility
 745 S. Church St. Suite 501
 Murfreesboro, TN 37130
Clean And Serene, O, HC, OD 700-800 PM
 Dekalb Community Complex
 712 S. Congress Blvd
 Smithville, TN 37166
Decherd Surrender, OD, CL 700-800 PM
 Decherd United Methodist Church
 301 E. Main St.
 Decherd, TN 37324
High Steppers, HC, C, BS, OD 12-100 PM
 Greater First Baptist Church
 512 N. 6th Ave
 Lewisburg, TN 37091
 Murfreesboro, TN 37129

700-800 PM
Pathway To Progress, O, HC, OD,
 First Presbyterian Church
 1101 Jackson St.
 Manchester, TN 37355
Night Owls, C, HC, OD 730-830 PM
 First United Melodist Church (2nd
 Floor) 265 W. Thompson Ln.
Sunday
Spiritual Solutions, C, HC, SP 10-11 AM
 Cumberland Heights IOP Facility
 745 S. Church St. Suite 501
 Murfreesboro, TN 37130
Keep It Real, C, HC, LS 200-300PM
 Fairlane Church Of Christ
 101 Dow St.
 Shelbyville, TN 37160
The Ties That Bind Us, C, HC, LS, 530-630 PM
 Cumberland Heights IOP Facility
 745 S. Church St. Suite 501
 Murfreesboro, TN 37130
By The Book, C, HC, LS **600-700 PM**
 Lions Club
 634 Lehman St,
 Woodbury, TN 37190

Meeting Types	
C- Closed Meeting (For addicts or those individuals who think they might have a problem with drugs.)	
O- Open meeting; (Anyone is welcome to attend but only those who identify as addicts are welcome to share.)	
BS- Book Study	LS- Literature Study
RF- Rotating Format	BT- Basic Text Study
HC- Handicap Accessible	MM- Men
WM- Women	OD- Open Discussion
TD- Topic Discussion	SK- Speaker
MD- Meditation	ZM- Zoom

Phone Numbers

For meeting schedule changes, additions or corrections send an email to; webservant@hotascna.org or text (615) 556-5796

The Heart of Tennessee Area Service Committee meets on the third Sunday of each month at: Real Life Community Church 2022 E. Main St. Murfreesboro, TN 37130 starting at 1:30. PM. All are welcome!
 Our Fellowship Development Committee which consists of Public Relations, Hospitals & Institutions, Activities and Outreach Committees meets at the same location at 1:30 PM on the day before the Area meets. Both of these are a great way to become involved. All NA members are welcome!

"Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion."

Basic Text, Chapter 2



Heart Of Tennessee Area Service Committee Of NA Meeting Schedule

Winter 2024/2025

"The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom."

Basic Text, page 65

Visit our website or scan your smartphone's camera over the QR Code and follow the prompts for the most up-to-date meeting



www.hotascna.org

OR, YOU CAN CALL OR TEXT YOUR ZIP CODE TO (901) 350-5030 TO FIND THE 5 MEETINGS CLOSEST TO YOU.

Monday

High Steppers, HC, C, BS, OD 12-100 PM
Greater First Baptist Church
512 N. 6th Ave
Lewisburg, TN 37091

By The Book, HC, C, LS, ZM 600-700 PM
Real Life Community Church
2022 E. Main St.
Murfreesboro, TN 37130
Zoom ID 6152072530

G.L.O.W., O, HC, MD, BL 630-745 PM
Cumberland Heights IOP Facility
745 S. Church St, Ste 501
Murfreesboro, TN 37130

Promise Of Freedom, C, LS 630-730 PM
433 Nissan Dr. Suite 202
Smyrna, TN 37167

Night Owls C, HC, SK, OD, 700-830 PM
First United Methodist Church (2nd Floor)
265 W. Thompson Ln.
Murfreesboro, TN 37129

Clean And Serene, O, OD 700-800 PM
DeKalb Community Complex
712 S. Congress Blvd
Smithville, TN 37166

Tuesday

Recovery At Noon, O, LS, OD 12-100 PM
Central Christian Church
(Downstairs in basement)
404 E. Main St.
Murfreesboro, TN 37130

Miracles Happen, C, LS 530-630 PM
Bethel Community Church
(Upstairs in back of church)
1503 Sulphur Springs Rd.
Murfreesboro, TN. 37129

By The Book, C, HC, LS, ZM 600-700 PM
Real Life Community Church
2022 E. Main St.
Murfreesboro, TN 37130
Zoom ID 6152072530

The Next Step, C, HC, OD 600-700 PM
Serenity House
313 N. Collins St.
Tullahoma, TN 37388

Underground Recovery Men, C, MM 645-800 PM
Central Christian Church
(Downstairs in basement)
404 E, Main St
Murfreesboro, TN 37130

Get Honest Hour, C, HC, OD 700-800 PM
Grove Hill Church
5216 Nashville Hwy
Chapel Hill, TN 37034

High Steppers, C, BS 700-800 PM
Greater First Baptist Church
512 N. 6th Ave
Lewisburg, TN 37091

No Matter What, O, HC, OD 700-800 PM
West End Baptist Church
200 Morgan Ave.
Fayetteville, TN 37334

Recovery Is Possible, C, HC, LS 700-800 PM
Temple Baptist Church
34 Oak Tree St.
McMinnville, TN 37110

Clean And Serene, O, OD 700-800 PM
DeKalb Community Complex
712 S. Congress Blvd
Smithville, TN 37166

Wednesday

Spiritual Solutions, C, HC, SP 1200-100 PM
Cumberland Heights IOP Facility
745 S. Church St. Suite 501
Murfreesboro, TN 37130

Spiritual Solutions, C, HC, SP 600-700 PM
Cumberland Heights IOP Facility
745 S. Church St. Suite 501
Murfreesboro, TN 37130

Underground Recovery, C, RF 645-800 PM
Central Christian Church
(Downstairs in basement)
404 E. Main St.
Murfreesboro, TN 37130

Decherd Surrender Group, C, OD 700-800 PM
Decherd United Methodist Church
301 E. Main St.
Decherd, TN 37324

Clean And Serene, O, HC, OD 700-800 PM
DeKalb Community Complex
712 S. Congress Blvd
Smithville, TN 37166

Keep It Real, C, ZM, OD 730-830 PM
Zoom ID 8511124561 PW keepitreal

Thursday

By The Book, C, HC, LS, ZM 600-700 PM
Real Life Community Church
2022 E. Main St.
Murfreesboro, TN 37130
Zoom ID 6152072530

Never Alone, C, OD 645-800 PM
Central Christian Church
(Downstairs in basement)
404 E. Main St
Murfreesboro, TN 37130

Clean And Serene, HC, O, OD 700-800 PM
DeKalb Community Complex
712 S. Congress Blvd
Smithville, TN 37166

Pathway To Progress, O, HC, OD, 700-800 PM
First Presbyterian Church
1101 Jackson St.
Manchester, TN 37355

Recovery Is Possible, C, HC, LS 700-800 PM
Temple Baptist Church
34 Oak Tree St.
McMinnville, TN 37110

Achievers Of NA, O, D, HC 700-800 PM
(Meets the first and third Thursdays of the month)
City Hall
141 Church St

Night Owls, C, HC, OD 700-830 PM
First United Methodist Church (2nd Floor)
265 W. Thompson Ln.
Murfreesboro, TN 37129

Friday

The Next Step, O, D, HC 600-700PM
313 N. Collins St
Tullahoma, TN 37388

Underground Recovery Women, WM, C, 700-800 PM
Central Christian Church
(Downstairs in basement)
404 E. Main St.

Murfreesboro, TN 37130
Clean And Serene, HC, O, OD 700-800 PM
DeKalb Community Complex
712 S. Congress Blvd
Smithville, TN 37166