

Friday

Conscious Contact. O, HC, O, MD, BL 630-745 PM

Holy Cross Episcopal Church
1140 Cason Ln

Murfreesboro, TN 37128

Finding A New Way To Live. C, OD 630-730 PM

431 Nissan Dr. Suite 202
Smyrna, TN 37167

Breaking Free. C, HC, TD 700-800 PM

Maury Hills Church
101 Unity Drive
Columbia, TN 38401

Clean And Serene. HC, O, OD 700-800 PM

Dekalb Community Complex
712 S. Congress Blvd
Smithville, TN 37166

Keep It Real. HC,C, OD, SP 700-800 PM

Fairlane Church Of Christ
101 Dow St.
Shelbyville, TN 37160

Night Owls. C, HC, CL 700-830 PM

First United Methodist Church (2nd Floor)
265 W. Thompson Ln.
Murfreesboro, TN 37129

Underground Recovery. C, RF 845-1000 PM

Central Christian Church
404 E. Main St.
Murfreesboro, TN 37130

Saturday

Never Alone. C, OD 900-1000 AM

Central Christian Church
404 E. Main St
Murfreesboro, TN 37130

Spiritual Solutions. C, HC, SP 600-700 PM

Cumberland Heights IOP Facility
745 S. Church St. Suite 501
Murfreesboro, TN 37130

Clean And Serene. O, HC, OD 700-800 PM

Dekalb Community Complex
712 S. Congress Blvd
Smithville, TN 37166

Decherd Surrender. OD, CL 700-800 PM

Decherd United Methodist Church
301 E. Main St.
Decherd, TN 37324

Night Owls. C, HC, OD 730-830 PM

First United Melodist Church (2nd Floor)
265 W. Thompson Ln.
Murfreesboro, TN 37129

Sunday

Spiritual Solutions. C, HC, SP 10-11 AM

Cumberland Heights IOP Facility
745 S. Church St. Suite 501
Murfreesboro, TN 37130

Keep It Real. C, HC, LS 200-300 PM

Fairlane Church Of Christ
101 Dow St.
Shelbyville, TN 37160

The Ties That Bind Us. C, HC, LS, 530-630 PM

Cumberland Heights IOP Facility
745 S. Church St. Suite 501
Murfreesboro, TN 37130

By The Book. C, HC, LS 600-700 PM

Lions Club
634 Lehman St.
Woodbury, TN 37190

Meeting Types

C- Closed Meeting (For addicts or those individuals who think they might have a problem with drugs.)

O- Open meeting; (Anyone is welcome to attend but only those who identify as addicts are welcome to share.)

BS- Book Study LS- Literature Study

RF- Rotating Format BT- Basic Text Study

HC- Handicap Accessible MM- Men

WM- Women OD- Open Discussion

TD- Topic Discussion SK- Speaker

MD- Meditation ZM- Zoom

SP- Spiritual Principle BL- Blacklight



Narcotics Anonymous®

Heart Of Tennessee Area Service Committee

Of NA

Meeting Schedule Summer 2024

"Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion."

From our Basic Text Chapter 2

Visit our website or scan your smartphone's camera over the QR Code and follow the prompts for the most up-to-date meeting schedule, events and other infor-



www.hotareana.org

OR, YOU CAN CALL OR TEXT YOUR ZIP CODE TO (901) 350-5030 TO FIND THE 5 MEETINGS CLOSEST TO YOU.

"The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom."

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<u>Monday</u>		<u>Keeping Hope Alive.</u> C, HC, OD	630-730 PM	<u>Decherd Surrender Group.</u> C, OD	700-800 PM
<u>High Steppers.</u> HC, C, BS, OD	12-100 PM	LaVergne Free Will Baptist Church		Decherd United Methodist Church	
Greater First Baptist Church		185 Mason Circle,		301 E. Main St.	
512 N. 6th Ave		LaVergne, TN 37086		Decherd, TN 37324	
Lewisburg, TN 37091		<u>Underground Recovery.</u> C, MM	645-800 PM	<u>Clean And Serene.</u> O, HC, OD	700-800 PM
<u>By The Book.</u> HC, C, LS, ZM	600-700 PM	Central Christian Church		Dekalb Community Complex	
Real Life Community Church		404 E, Main St		712 S. Congress Blvd	
2022 E. Main St.		Murfreesboro, TN 37130		Smithville, TN 37166	
Murfreesboro, TN 37130		<u>Get Honest Hour.</u> C, HC, OD	700-800 PM	<u>Keep It Real.</u> C, ZM , OD	730-830 PM
Zoom ID 6152072530		Grove Hill Church		Zoom ID 8511124561 PW keepitreal	
<u>Promise Of Freedom.</u> C, LS	630-730 PM	5216 Nashville Hwy		<u>Thursday</u>	
433 Nissan Dr. Suite 202		Chapel Hill, TN 37034		<u>By The Book.</u> C, HC, LS, ZM	600-700 PM
Smyrna, TN 37167		<u>High Steppers.</u> C, BS	700-800 PM	Real Life Community Church	
<u>Night Owls</u> C, HC, SK, OD,	700-830 PM	Greater First Baptist Church		2022 E. Main St.	
First United Methodist Church (2nd Floor)		512 N. 6th Ave		Murfreesboro, TN 37130	
265 W. Thompson Ln.		Lewisburg, TN 37091		<u>Never Alone.</u> C, OD	645-800 PM
Murfreesboro, TN 37129		<u>Why Are We Here.</u> C, HC, OD	700-815 PM	Central Christian Church	
<u>Clean And Serene.</u> O, OD	700-800 PM	116 S. Spring St.		404 E. Main St	
Dekalb Community Complex		Manchester, TN 37355		Murfreesboro, TN 37130	
712 S. Congress Blvd		<u>No Matter What.</u> O, HC, OD	7 00-800 PM	<u>Clean And Serene.</u> HC, O, OD	700-800 PM
Smithville, TN 37166		West End Baptist Church		Dekalb Community Complex	
<u>Tuesday</u>		200 Morgan Ave.		712 S. Congress Blvd	
<u>Recovery At Noon.</u> O, LS, OD	12-100 PM	Fayetteville, TN 37334		Smithville, TN 37166	
Central Christian Church		<u>Recovery Is Possible.</u> C, HC, LS	700-800 PM	Murfreesboro, TN 37130	
404 E. Main St.		McMinnville Discipleship Center		<u>Pathway To Progress.</u> O, HC, OD,	700-800 PM
Murfreesboro, TN 37130		1700 Smithville Hwy		First Presbyterian Church	
<u>Miracles Happen.</u> C, LS	530-630 PM	McMinnville, TN 37110		1101 Jackson St.	
Bethel Community Church		<u>Wednesday</u>		Manchester, TN 37355	
(Upstairs in back of church)		<u>Conscious Contact.</u> O, HC, MD, BL	630-745 PM	<u>Recovery Is Possible.</u> C, HC, LS	700-800 PM
1503 Sulphur Springs Rd.		Holy Cross Episcopal Church		McMinnville Discipleship Center	
Murfreesboro, TN. 37129		1140 Cason Ln		1700 Smithville Hwy	
<u>By The Book.</u> C, HC, LS, ZM	600-700 PM	Murfreesboro, TN 37128		McMinnville, TN 37110	
Real Life Community Church		<u>Spiritual Solutions.</u> C, HC, SP	600-700 PM	<u>Night Owls.</u> C, HC, OD	700-830 PM
2022 E. Main St.		Cumberland Heights IOP Facility		First United Methodist Church (2nd Floor)	
Murfreesboro, TN 37130		745 S. Church St. Suite 501		265 W. Thompson Ln.	
Zoom ID 6152072530		Murfreesboro, TN 37130		Murfreesboro, TN 37129	
<u>The Next Step.</u> C, HC, OD	600-700 PM	<u>Underground Recovery.</u> C, RF	645-800 PM		
Serenity House		Central Christian Church			
313 Collins St.		404 E. Main St.			
Tullahoma, TN 37388		Murfreesboro, TN 37130			