

SUNDAY

10:00AM Spiritual Solutions, Cumberland Heights IOP Facility, 745 S Church St Suite 501, Murfreesboro, TN, 37130 (C,D,H,SP)

12:30PM Keep It Real, Fairlane Church Of Christ, Hybrid meeting meets in person and on Zoom 2nd and 4th Sundays of the month. Zoom ID: 851 112 4561 Password: keepitreal, 101 Dow Drive, Shelbyville, TN, 37166 (BK,H,GP,H)
<https://us06web.zoom.us/j/8511124561?pwd=TE9fdkoycDlyVTJDUUwvWTRReE42UT09>
 Zoom ID: 851 112 4561 Password: keepitreal

2:00PM Keep it Real, Fairlane Church of Christ, 101 Dow Drive, Shelbyville, TN, 37160 (LT,VM) *Annex building*

5:30PM The Ties That Bind Us, Cumberland Heights IOP, 745 S Church St Suite 501, Murfreesboro, TN, 37130 (C,LT,H)

6:00PM By The Book (Woodbury), Lions Club, 634 Lehman St., Woodbury, TN, 37190 (C,LT,H)

MONDAY

NOON High Steppers, Greater First Baptist Church, Enter at the door on the right side of church, 512 North 6th Ave., Lewisburg, TN, 37091 (C,D,BK,H) *Book Study*

6:00PM By The Book, Real Life Community Church, 2022 E Main St, Murfreesboro, TN, 37130 (C,LT,H,HY)
<https://zoom.us/j/6152072530>

6:30PM GLOW, Cumberland Heights IOP Facility, 745 S. Church St. Ste. 501, Murfreesboro, TN, 37130 (O,ME,H)

7:00PM Clean and Serene, Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166 (D) *(Meeting does not meet on all Federal Holidays due to facility being closed)*

7:00PM Rutherford County Night Owls, First United Methodist Church (upstairs 2nd floor) 265 W Thompson Ln, Murfreesboro, TN, 37129 (O,D) *Meeting will not meet on Monday June 17th, 2024.*

TUESDAY

NOON Recovery at Noon, Central Christian Church, Basement, 404 East Main Street, Murfreesboro, TN, 37130 (O)

6:00PM By The Book, Real Life Community Church, 2022 E Main St, Murfreesboro, TN, 37130 (C,D,LT,H,HY)
<https://zoom.us/j/6152072530>

6:00PM The Next Step, Serenity House, 313 N. Collins St., Tullahoma, TN, 37388 (O,D,H) *Eat and speak the last Tuesday of each month starting at 5 p.m.*

6:30PM Keeping Hope Alive, LaVergne Freewill Baptist Church, 185 Mason Circle, LaVergne, TN, 37086 (C,H)

6:30PM Primary Purpose, Cumberland Presbyterian Church, 522 Castle Heights Avenue, Lebanon, TN, 37090

6:45PM Underground Recovery Men's Meeting, Central Christian Church, 404 East Main St, Murfreesboro, TN, 37130 (M,BK)

7:00PM Clean and Serene, Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166 (D) *(Meeting does not meet on all Federal Holidays due to facility being closed)*

7:00PM Get Honest Hour, Grove Hill Church, 5216 Nashville Hwy, Chapel Hill, TN, 37034 (C,D,H)

TUESDAY (CONT)

7:00PM High Steppers, Greater First Baptist Church, Enter at the door on the right side of church, 512 North 6th Ave., Lewisburg, TN, 37091 (D,BK,H) *Book Study*

7:00PM No Matter What Group, West End Baptist Church, 200 Morgan Ave N, Fayetteville, TN, 37334 (O,B,D,H)

7:00PM Recovery Is Possible, Temple Baptist Church (Meeting meets in the basement) 34 Oak Tree Drive, McMinnville, TN, 37110 (C,O,D,LT,H)

WEDNESDAY

NOON Primary Purpose, Cumberland Heights Presbyterian Church, 522 Castle Heights Avenue, Lebanon, TN, 37090

NOON Spiritual Solutions, Cumberland Heights IOP Facility, 745 S. Church St, Ste 501, Murfreesboro, TN, 37130 (C,D,H,SP)

5:30PM The Golden Hour Group, Advent Lutheran Church, 1700 Irby Lane, Murfreesboro, TN, 37127 (C)

6:00PM Spiritual Solutions, Cumberland Heights IOP Facility, 745 S Church St Suite 501, Murfreesboro, TN, 37130 (C,D,H,SP)

6:45PM Underground Recovery, The Central Christian Church, 404 E Main St, Murfreesboro, TN, 37130 (RF)

7:00PM Clean and Serene, Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166 (D) *(Meeting does not meet on all Federal Holidays due to facility being closed)*

7:00PM Decherd Surrender, Decherd United Methodist Church, Open/Topic Meeting, 301 E Main St, Decherd, TN, 37324 (CL)

7:00PM Keep It Real Group (Zoom Only), Shelbyville, TN, 37160 (O,VM)
<https://us06web.zoom.us/j/8511124561?pwd=TE9fdkoycDlyVTJDUUwvWTRReE42UT09>
 Meeting ID: 8511124561 Pw: keepitreal

THURSDAY

NOON Recovery at Noon, Central Christian Church, Basement, 404 East Main Street, Murfreesboro, TN, 37130 (O)

6:00PM By The Book, Real Life Community Church, 2022 E Main St, Murfreesboro, TN, 37130 (C,St,Tr,CP,LT,H,HY)
<https://zoom.us/j/6152072530>

6:45PM Never Alone, Central Christian Church, 404 East Main Street, Murfreesboro, TN, 37130 (O,D)

7:00PM Clean and Serene, Dekalb Community Complex, 712 S. Congress Blvd, Smithville, TN, 37166 (D) *(Meeting does not meet on all Federal Holidays due to facility being closed)*

7:00PM Pathway To Progress, First Presbyterian Church, 1101 Jackson St., Manchester, TN, 37355 (O,D,H)

7:00PM Recovery Is Possible, Temple Baptist Church (Meeting meets in basement) 34 Oak Tree Drive, McMinnville, TN, 37110 (O,D,H)

THURSDAY (CONT)

7:00PM Rutherford County Night Owls, First United Methodist Church, Meeting is held upstairs 2nd floor. Eating meeting on the 3rd Thursday of each month., 265 W Thompson Ln, Murfreesboro, TN, 37129 (O,D)

7:00PM The Acheivers Of Na, City Hal, 141 Church St., Dowlletown, TN, 37059 (O,D) *Meets the 1st and 3rd Thursday of each month*

FRIDAY

NOON Spiritual Solutions, Cumberland Height IOP Facility, 745 S. Church St. Suite 501, Murfreesboro, TN, 37130 (SPAD)

6:00PM The Next Step, Serenity House, Celebrations held on last Friday of the month, 313 Collins St., Tullahoma, TN, 37388 (O,D,H)

6:00PM Underground Recovery Womens Meeting, Central Christian Church, 404 E. Main St, Murfreesboro, TN, 37130 (O,D,W)

6:30PM Finding A New Way To Live, 433 Nissan Drive, Smyrna, TN, 37167 (O,D,H)

7:00PM Clean and Serene, Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 37166 (D) *(Meeting does not meet on all Federal Holidays due to facility being closed)*

7:00PM Keep it Real, Fairlane Church of Christ (Last Friday of the month is an eat and speak meeting) 101 Dow Drive, Shelbyville, TN, 37160 (O,D) *Annex building*

7:00PM Rutherford County Night Owls, First United Methodist Church, 265 W Thompson Ln, Murfreesboro, TN, 37129 (O,D)

SATURDAY

9:00AM Never Alone, Central Christian Church, 404 East Main Street, Murfreesboro, TN, 37130 (O,D)

6:00PM Spiritual Solutions, Cumberland Heights IOP Facility, 745 S Church St Suite 501, Murfreesboro, TN, 37130 (C,D,H,SP,SPAD)

7:00PM Clean and Serene, Dekalb Community Complex, 712 S CONGRESS BLVD, Smithville, TN, 38166 (D) *(Meeting does not meet on all Federal Holidays due to facility being closed)*

7:00PM Decherd Surrender, Decherd United Methodist Church, Open/Topic Meeting, 301 E Main St, Decherd, TN, 37324 (O,To)

7:00PM High Steppers, Greater First Baptist Church, Enter at the door on the right side of church, 512 North 6th Ave., Lewisburg, TN, 37091 (C,CL,D,H) *Book Study*

7:00PM Pathway To Progress, First Presbyterian Church, 1101 Jackson St., Manchester, TN, 37355 (O,D,H)

7:30PM Rutherford County Night Owls, First United Methodist Church (upstairs 2nd floor) 265 W Thompson Ln, Murfreesboro, TN, 37129 (O,D)

Meeting Format Legend

B	Beginners	C	Closed
CL	Candlelight	D	Discussion

M	Men	O	Open
RF	Rotating Format	To	Topic
Tr	Tradition	W	Women
BK	Book Study	ME	Meditation
CP	Concepts	LT	Literature study
H	Handicapped accessible	SP	Spiritual Principle
St	Step	GP	Guiding Principles
HY	Hybrid Meeting	VM	Virtual Meeting
SPAD	A Spiritual Principle a Day		



**NARCOTICS
ANONYMOUS**
HEART OF
TENNESSEE AREA

May 2026
Weekly Meetings: 51