HEART OF TENNESSEE AREA



Narcotics Anonymous_®

Heart of TN Area Service Committee meets on the third Sunday of each month at: **Real Life Community Church** 2022 E. Main St. Murfreesboro, TN 37130 starting at 1:00. All are welcome!

Our Fellowship Development Subcommittee meets at the same location at 1:00 on the day before the Area meets.

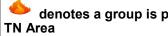
Greater Middle TN—www.nanashville.org.

Volunteer Region—www.natennessee.org

C denotes Closed meeting, which is a meeting for addicts, only or those who think they have a problem with drugs.

O denotes Open meeting, which is open to the public and anyone may come, but participation is limited to addicts only.

Open Discussion is a meeting topic which is not the same as an Open meeting



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PHONE NUMBERS

If you're interested in doing service work by carrying the message of recovery to those who can not get out to our regular meetings, the H&I (Hospitals and Institutions) Subcommittee may be for you!

H&I NEEDS YOU!

H&I Subcommittee Coordinator

Nick S. +1 (423) 315-7755

HEART OF TENNESSEE AREA



MEETING SCHEDULE

Revised January 2024

"The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom."

Visit our website or scan your smartphone's camera over the QR Code and follow the prompts for the most up-to-date meeting schedule, events and other information.



hotareana.org

CALL OR TEXT YOUR ZIP CODE TO (901) 350-5030 TO FIND THE 5 MEETINGS **CLOSEST TO YOU.**

Breaking Free

101 Unity Drive Columbia, TN. 38401 M, F, 7-8pm Topic discussion Contact- Jason E. 931-814-0752

By The Book 🍋

2022 E. Main St. Murfreesboro, TN. 37130 M- 6-7pm C. It Works: How & Why study T- 6-7pm C. Just For Today study Th- 6-7pm C. Step, Tradition, Concept study Contact- Regina C. 615-995-6698

Clean and Serene 🌕 **Dekalb Community Complex** 712 S. Congress Blvd Smithville Tn 37166 Mon-Sat 7-8pm Open Discussion Contact- Ken H. 615-684-6439

Conscious Contact Meditation Meeting Holy Cross Episcopal Church 1140 Cason Lane, Murfreesboro TN 37128 W-6:30-7:45pm F-6:30-7:45 Contact- William S. 629-267-2678

Decherd Surrender Group 301 E. Main St. Decherd, TN. 37324 W-7-8pm candlelight **Sat- 7-8pm** open/topic meetings 1st and 3rd Saturdays - Book Study Contact- Wendy S. 931-307-5927

Freedom Isn't Free **Canaan Baptist Church** 2103 E. Lincoln St Tullahoma, TN 37388 Th- 6:30-7:30pm Open discussion Contact - Carla F. 615-971-1837

Get Honest Hour 5216 Nashville Hwy Chapel Hill, TN. 37034 T-7-8pm Open discussion Contact- Mike R. 931-637-8615

High Steppers

512 North 6th Ave Lewisburg, TN. 37091 M-noon-1pm Book Study/Open Discussion T-7-8pm Book study S- 7-8pm Candlelight Contact—Darryl K. 629-800-9677

Keeping the Hope Alive 185 Mason Circle La Vergne, TN 37086 T-6:30-7:30pm Open Discussion Contact—Spence N. 615-579-5989

Keep It Real

101 Dow St. Shelbyville, TN 37160 W- 7:30-8:30pm (Zoom Only) ID: 8511124561 PW: keepitreal F- 7-8pm Open discussion Sun- 2-3pm Literature study Contact- Derek W. 931-703-3654

Miracles Happen Bethel Community Church 1503 Sulphur Springs Rd. Murfreesboro TN 37129 T-5:30-6:30pmLiterature Study Sun 12-1pm Literature Study

Never Alone 404 E. Main St - Murfreesboro, TN. 37130 Th- 6:45-8pm Open discussion Sat-9-10 am Open discussion Contact- David A. 615-295-5958

No Matter What Group

200 Morgan Ave. N. Fayetteville, TN. 37334 T-7-8pm Open Discussion Contact- Lucas G. 931-703-1821

Promise of Freedom

433 Nissan Dr. Suite 202 Smyrna, TN. 37167 M- 6:30-7:30pm Literature study Contact- Jared L. 615-801-4073

Recovery is Possible

1700 Smithville Hwy, McMinnville, TN, 37110 Tue 7-8:00pm Literature Study Thurs 7-8:00pm Literature Study Contact—Kenneth K. 931-743-1678

Rutherford County Night Owls

265 W Thompson Ln, Murfreesboro, TN 37129 Mon, Thur & Fri 7-8:30pm Open Discussion Sat 7:30 -8:30pm Open Discussion Contact- Gloria E. 615-887-7057

Spiritual Solutions

745 S. Church St. Ste. 501 Murfreesboro 37130 Wed—6-7pm Spiritual Principles Sat- 6-7pm Topic discussion Sun- 10-11am Spiritual Principles

Contact– Caeser M—615-956-1251

The Ties That Bind Us

745 S. Church St. Ste. 501 Murfreesboro 37130 Sun- 5:30-6:30pm Literature study Contact- Stephen H. 615-624-2447

Underground Recovery

404 E. Main St. Murfreesboro, TN 37130 T- 6:45-8pm Men's meeting W- 6:45-8pm Rotating format F-8:45-10pm Rotating Format Contact- Gordon B. 615-796-8238